



Centre Based Activities: Located at Cassidy Crew Headquarters

1st Session Day Program – 9am to 3pm
 2nd Session Afternoon Activity – 3pm to 5/6pm*

	1 st session	2 nd Session	Daily Social and Community Groups
Monday	Swimming at Warragul Leisure Arts and Crafts (3hrs CB, 3hrs S&C, \$)	Cooking club Includes trip to the shops (3hrs CB, \$)	Mental health meetings located at GBC at 10:30, tea and coffee will be supplied. (1.5hrs, CB)
Tuesday	10 Pin Bowling Art and Construction (4hrs CB, 2Hr S&C, \$)	Games Galore (2hrs CB)	Foodies Club: Dinner Night 5pm – 8pm (3hrs S&C, \$)
Wednesday	Dance and Movement It & Games (6hrs CB)	Walking group and Park play (2hrs S&C)	Coffee club arrive at Activity centre and new coffee destination will be chosen each week. 10am – 12pm (2hrs S&C, \$)
Thursday	Learning Literacy & Numeracy Shopping Skills (4hrs CB, 2hrs S&C, \$)	Swimming at Warragul Leisure (3hrs S&C, \$)	Morning Melodies at the Warragul Downtowner 9:30am – 12:30pm Depart from the Activity center. (1 st and 3 rd Thursday of the month) (3hrs S&C, \$)
Friday	Gardening Art & Movies** (6hrs CB, \$)	No Session	
Saturday	No session	No session	
Sunday	No session	No session	Sunday music afternoon (varying locations with live music)

Please Note:

- CB refers to Centre Based, S&C refers to Social & Community and GBC refers to Gippsland Business Centre (located at 155 Queen st Warragul)
- (\$) means that the activity will require the participants to bring money if they wish to purchase items or participate in the activity
- **Participants that need to be picked up and dropped off can be organized for before and after the sessions only.**
- Numbers below to the sessions indicate the charges for the NDIS
- The order of the 1st session may change week to week dependent on weather and attending client's needs.
- * Refers to Tuesday nights where activities either finish at 5pm, or will extend into Dinner at café/restaurant if clients chose to attend Foodies group (8pm finish). Wednesday session 2 that finishes at 5pm.
- **Movies may include inhouse movies or a trip to the cinemas